## Blaby Children and Young People's Support Service

A service for children and young people living or attending school in Blaby District who have been affected by domestic abuse, substance abuse or anti-social behaviour

- Free confidential support/advice service for 4-18 years old
- Sessions available during term time and the school holidays

- One-to-one sessions
- 🥑 Feeling safe
- Therapeutic interventions



The Children's Support Service offers emotional and practical support in a safe confidential space for children and young people aged 4 to 18 years old.

## The Role of the Children's Support worker is:

- Face to face support for children aged 4 to 18 years old
- Feeling Safe Groups
- Listen & understand the child's perspective
- Be an advocate and help be their voice
- Emotional wellbeing
- Self-worth, self-esteem & confidence

- Understand negative & positive behaviour
- Self-worth, self-esteem & confidence
- Coping mechanisms and strategies
- Work with the parent to put plans in place
- Multi agency working to maximise support for family

## If you are a parent or a professional and want to access the service, please contact: Telephone: 0116 272 7734 Referrals to: childrens@blaby.gov.uk www.blaby.gov.uk

## You can contact us by mail:

Community Services Team Blaby District Council The Council Offices Desford Road Narborough Leicester LE19 2EP





