





# Be Healthy, Walk Local

Part of a series of leaflets to introduce you to eight strategic sites in and around Blaby with a range of local walking opportunities for you to enjoy.

The walks range from 20 minute strolls to an energetic 5 mile round walk in Fosse Meadows. Several of the sites feature picnic areas and play areas for families to enjoy a day out in the countryside.

Please remember when out walking to follow the countryside code and to wear appropriate clothing and footwear.

